

Prayer Walking

Overview

Prayer walking is a great way to partner with God as He opens the hearts of the people in your city or neighbourhood. Prayer walking brings us into the neighbourhoods or areas where we desire to see God work.

Walking helps us to see the parts of the city where God's work is needed. What if every Christian did their part to pray for a school, neighbourhood or region? Think about how much of the world could be covered in prayer? Pray for God to bless your neighbours, for wisdom for those who are in authority and for all people to be saved. Prayer walking helps God open OUR eyes to see where He is working, while we pray that He opens THEIR eyes. Prayer walking can open the door to conversations with people about your desire for God to bless them and bring healing to the problems or injustices in this part of the city.

Getting Started

- Begin by expressing your vision to others. Include why you want to pray for this neighbourhood or part of the city.
- Look for those who are drawn to your vision, whom you can invite to join you. Prayer walking is more enjoyable and better together with others. (But one is far better than none.)
- Select a time and place to meet in the area that you wish to pray.
- Spend a few minutes at home or in a car to pray together for protection and divine appointments before you begin. (Remember that what you are doing is spiritual warfare.)
- Divide into walking groups of two or three if you have a larger prayer team.

Walk and Pray

- Act naturally. It will look like you are talking to each other when you walk and pray out loud.
- Keep your eyes open as you pray so you can observe the people and places you pass.
- Be observant about the people who work and live in this area. Ask God to direct you where to walk and to show you the needs of this neighborhood.
- Go into shops and talk to owners and staff. Talk to people that you see as you walk. Ask questions and listen for needs. Reflect on the ways that God may already be working.

What to Pray

- To heal damaged relationships and for people to discover the Prince of Peace.
- To break chains of oppression and addictions and for people to come to know the healer.
- For jobs and the needs of the poor. Comfort for those who are suffering.
- For anything that is not consistent with the way it is in heaven.
- For the safety of the people. Love and protection for the children. That they may hear of the God who loves and protects people.
- For the Holy Spirit to come and reveal the power and the nature of God's Kingdom through His people and by miracles or signs and wonders.
- That God to speak to people and draw them to Himself. (John 6:44-45)
- To identify persons-of-peace and rise up more workers of the harvest. (Luke 10:2)

After You have Walked

1. Spend a few minutes thanking God for working in this neighborhood and for what He revealed to you.
2. Discuss and write down whatever God showed you or what you observed, so you can remember to pray about this next time.
3. Pick the next date, possibly next week, to prayer walk again. Help one another to become persistent in prayer to join God in preparing Hearts to receive Him.

Additional Resources

<http://www.TheJesusStrategy.com>

<http://www.DiscipleMakingMovements.com>

<https://vimeo.com/search?q=Engage%20Africa%20DMM>